



You Can COOK 2

INTERNATIONAL

Course Description:

In *You Can Cook 2: International*, students will build on the basic cooking skills they learned in *You Can Cook 1* by learning about different techniques, traditions, and flavors found in cuisines from around the world. We will spend time cooking through some of the most culturally significant dishes from Central and South America, the Caribbean, the United Kingdom, Scandinavia, Western Europe, the Middle East, Africa, and Asia. While we cannot include every well-known dish from these regions, we will seek to include sweet and savory dishes that are representative of their country's or region's culture, that are replicable using grocery store-sourced ingredients, and that stretch the students' palates somewhat while still being approachable. This is not a geography class, but we will spend some of our time learning about the cultural and environmental factors that influence a region's food. *You Can Cook 2* is only open to students who have completed *You Can Cook 1*.

**Please advise me of any food allergies.*

Materials Needed:

- * Durable 3-ring binder (1.5 in. or larger recommended – you may use your binder from YCC:1)
- * Binder dividers (a pack of 8 will do, if your binder doesn't already have them)
- * Page protectors (50 or more; recommended, but not required)
- * Apron (if you care about your clothing)
- * No textbook purchase required; recipes and handouts to be included in the binder will be provided

Tuition:

\$400 for the year

\$30 non-refundable fee due at registration (subtracted from 2nd semester tuition)

\$200 due on September 11, 2023

\$170 due on January 22, 2024

Cost includes facility rent, recipes and printed materials, and food and supplies. No tuition refunds will be given after four weeks of class.

Tutor:

My mother was a Home Ec teacher, so my culinary education began early in life and has continued ever since; I have counted cooking as a favorite hobby for many decades, consistently seeking out new recipes and techniques to learn and perfect. My father was also a teacher, so with two teacher parents it was perhaps not surprising that I should pursue my Bachelor of Science in English, Secondary Education from Taylor University. I have spent the last 10 years homeschooling my four children. I also coach middle school volleyball for the Kalamazoo Cougars and work with middle schoolers at Calvary Bible Church.

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